

Course developed by Judith DeLany and NMT Center Staff

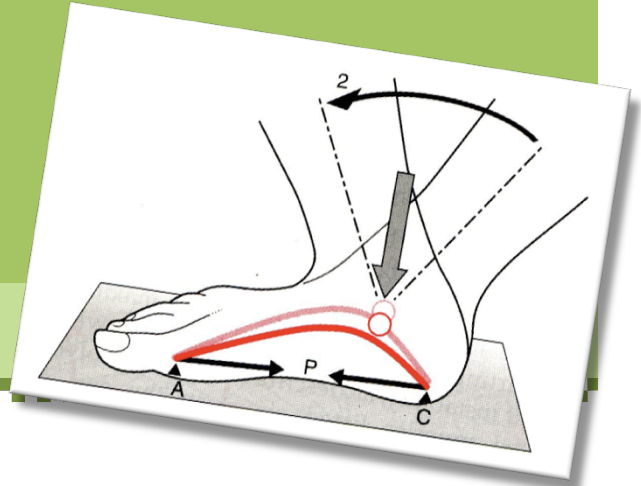
# NMT and the Dynamic Foot

Imagine adding our knowledge to what you already know!

December 18-19  
Baton Rouge

NMT NMT NMT

Register today!



**Online:**

[nmtcenter.com/events](http://nmtcenter.com/events)

**By phone:** See numbers below

**By snail mail:**

Send name, address, phone & email with \$100 non-refundable deposit to

In Touch Advanced Massage Center  
11817 Bricksome Ave, Ste C,  
Baton Rouge LA 70816

**?? Questions ?? – Call us!**

Kathy Lea (225) 293-8551  
NMT Center (727) 821-7167

**Tuition: \$275 AMTA Rate: \$250**

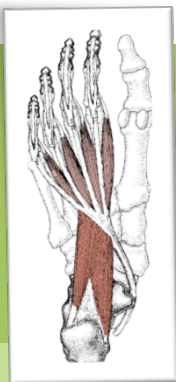
Mention flyer to waive any late fee.

## Missing key, critical points?

Foot mechanics are the driving force that positions the leg, knee, hip and rest of the body. Muscles and bones are designed to adapt and compensate in a functional manner while conserving body resources.

When adaptation demands are too great or are prolonged, decompensation can result, often with serious consequences. Be more effective by learning useful strategies to observe, assess and deal with problems seen in the foundation of the body - the feet.

Your practice - regardless of its practice setting or primary modality - can benefit the information given in this course.



The dynamic plantar vault  
How the dynamic foot drives functional use of the body  
Dysfunctional adaptations  
The effects of a “fallen arch”  
Effects of navicular droppage

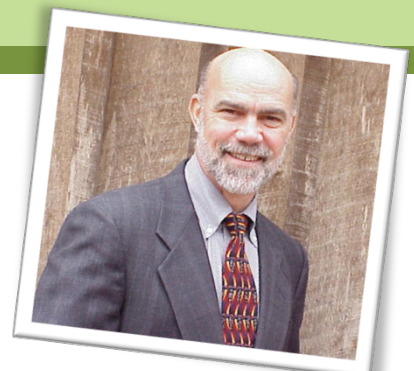
Value of single leg stance test  
Gait dysfunctions from feet  
Bunions and other pathologies  
Foot mechanics (rocker system)  
The “close environment”  
NMT for leg and foot



Donald Kelley, LMT, Instructor

Mr. Kelley’s enthusiasm as an educator of adults is readily apparent in his unique presentation style. His dedication to comprehensive education, enhanced by assisting the Human Gross Anatomy (dissection) seminars at the USF Medical College annually since 1995,

is well displayed in every class that he teaches. He has been a featured speaker at FCA, FSMTA and AMTA events. Don draws on his clinical experience, advanced background in anatomy, and in-depth understanding of muscular health to give an information-packed – and humorous – presentation.



Approved for 12 LA CEUs  
by LSBMT - Provider #0092